

HIPPOCRATES GARDEN OF LIFE

OUR TRIBUTE TO THE ISLAND OF KOS AND ITS REMARKABLE HISTORY.

Nestled within the lush grounds of Ikos Aria, **The Hippocrates Garden of Life** invites guests to explore the roots of modern medicine in a serene, sensory journey through nature. This enchanting space, inspired by the wisdom of Kos's most famous son, features dozens of medicinal herbs and plants used in Hippocratic healing — from thyme, sage, and mint to chaste tree, artemisia, and wild rose. Guests can wander freely through the garden or immerse themselves in "*Dialogues in the Garden*," an interactive audio experience that brings to life the teachings of Hippocrates and the harmony between nature and wellbeing.



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Begin your journey within the resort at the serene Hippocrates Garden of Life, a unique tribute to Kos's most famous son. This perfect tie-in with the island's heritage invites you to embrace wellbeing and balance — then step beyond the resort to explore the land that inspired him. From golden beaches and olive groves to ancient landmarks, every path leads you deeper into the spirit of Kos.



DISCOVER THE LEGACY BEYOND THE GARDEN

Continue your exploration beyond Ikos Aria to uncover the legacy of Hippocrates across Kos. Visit the **International Hippocratic Foundation**, home to a fascinating museum and a faithful reconstruction of the ancient physician's medical office. Journey on to the **Asclepieion of Kos**, one of Greece's most significant archaeological sites and one of the earliest hospitals in antiquity. Finally, complete your experience beneath the legendary **Plane Tree of Hippocrates** in the heart of Kos Town — where, according to tradition, the father of medicine once taught his students beneath its vast branches.

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